



PEPPER PREPPERS™

PREPARE TODAY • THRIVE TOMORROW

PEPTIDE QUICK REFERENCE GUIDE

COMPLETE RESEARCH REFERENCE – VOLUMES 1 & 2

Explore. Research. Innovate.

IMPORTANT NOTES

This guide is for educational and research reference only. Peptides and research compounds may have potential risks and are not intended for human consumption. Always conduct thorough research and consult a qualified healthcare professional before considering any research protocols.

METABOLIC & WEIGHT MANAGEMENT

PEPTIDE / MOLECULE	RESEARCH AREAS OF INTEREST
Retatrutide	• Appetite regulation • Weight management • Metabolic health • Body composition
Tirzepatide	• Blood sugar regulation • Appetite • Weight management • Metabolic health
Semaglutide	• Blood sugar regulation • Appetite • Weight management • Metabolic health
Cagrilintide	• Appetite regulation • Satiety • Metabolic health research
AOD-9604	• Fat metabolism research • Body composition
5-Amino-1MQ	• NNMT inhibition research • Metabolic health research
Mazdutide	• GLP-1 / Glucagon receptor agonist research • Metabolic health research
Survodutide	• GLP-1 / Glucagon receptor agonist research • Weight management research
Pemvidutide	• GLP-1 / Glucagon receptor agonist research • Liver and metabolic research

GROWTH HORMONE & BODY COMPOSITION

PEPTIDE / MOLECULE	RESEARCH AREAS OF INTEREST
Tesamorelin	• GH releasing hormone analog • Abdominal fat research (HIV lipodystrophy) • Body composition
Sermorelin	• GH signaling research • Overall wellness research
CJC-1295	• GH releasing hormone analog • GH pathway research
CJC-1295 DAC	• Growth hormone pathway research • GH release research
Ipamorelin	• GH secretagogue • GH pulse research
IGF-1 LR3	• Growth factor research • Muscle and recovery research
PEG-MGF	• Muscle recovery research • Exercise adaptation research
MGF (Mechano Growth Factor)	• Muscle repair research • Exercise recovery research

RECOVERY & REPAIR

PEPTIDE / MOLECULE	RESEARCH AREAS OF INTEREST
BPC-157	• Gut health • Tendon & ligament support • Repair, recovery • Inflammation research
TB-500	• Tissue repair • Flexibility • Recovery • Mobility research
GHK-Cu	• Skin health • Hair health • Collagen production • Wound healing
KPV	• Anti-inflammatory research • Gut health • Skin conditions research
Thymosin Beta-4	• Tissue repair research • Recovery research
Ac-SDKP	• Anti-fibrotic research • Cardiovascular research • Tissue repair

BRAIN & COGNITIVE SUPPORT

PEPTIDE / MOLECULE	RESEARCH AREAS OF INTEREST
Semax	• Focus • Learning • Memory • Neuroprotection research
Selank	• Stress response • Mood • Anxiety • Cognition research
Adamax	• Cognitive research • Neuroplasticity research • Learning & memory • Neurotrophic signaling
Pinealox	• Neuro-aging research • Cognitive support • Sleep support
Dihexa	• Learning & memory research • Neuroplasticity research
Cerebrolysin	• Neuroprotection research • Recovery research • Cognitive research

SLEEP & LONGEVITY

PEPTIDE / MOLECULE	RESEARCH AREAS OF INTEREST
DSIP	• Sleep quality • Recovery • Neuroendocrine support research
Epithalon	• Healthy aging • Telomere research • Sleep regulation
MOTS-c	• Mitochondrial & metabolic health • Exercise performance research
SS-31 (Elamipretide)	• Mitochondrial function • Cellular energy research
Humanin	• Cellular stress response research • Healthy aging research • Neuroprotection research
Cartalax	• Cartilage research • Joint health research
Ventfort	• Vascular health research • Blood vessel aging research
Vladonix	• Immune aging research • Hematopoietic system research
Thymogen	• Immune modulation research • Cellular signaling research
Epitalon	• Healthy aging research • Sleep regulation • Telomere research

CELLULAR HEALTH & ANTIOXIDANTS

PEPTIDE / MOLECULE	RESEARCH AREAS OF INTEREST
NAD+	• Cellular energy • DNA repair • Healthy aging research
Glutathione	• Antioxidant • Detoxification • Immune & cellular health research
MOTS-c	• Mitochondrial & metabolic health • Exercise performance research
SS-31 (Elamipretide)	• Mitochondrial function • Cellular energy research
Humanin	• Cellular stress response research • Healthy aging research • Neuroprotection research
SHLP-2	• Mitochondrial peptide research • Metabolic health research
SHLP-3	• Cellular signaling research • Mitochondrial function research
SHLP-6	• Mitochondrial research • Cellular energy research

SKIN, HAIR & APPEARANCE

PEPTIDE / MOLECULE	RESEARCH AREAS OF INTEREST
GHK-Cu	• Skin health • Hair health • Collagen production • Wound healing
Melanotan II	• Pigmentation research • UV response research
PT-141 (Bremelanotide)	• Melanocortin pathway research • Sexual wellness research
Copper Peptide Complexes	• Skin health research • Hair research • Collagen research

OTHER RESEARCH COMPOUNDS

PEPTIDE / MOLECULE	RESEARCH AREAS OF INTEREST	PEPTIDE / MOLECULE	RESEARCH AREAS OF INTEREST
Cerebrolysin	• Neuroprotection research • Recovery research • Cognitive research	ARA-290	• Nerve repair research • Inflammation research
Dihexa	• Learning & memory research • Neuroplasticity research	LL-37	• Innate immunity research • Wound healing • Antimicrobial activity research
P21	• Cognitive research • Neuroregeneration research		



RESEARCH DEEPER



KNOW THE FACTS



STAY INFORMED



EMPOWER YOUR HEALTH



RESEARCH REFERENCE ONLY – NOT FOR HUMAN CONSUMPTION

This information is provided for educational and research purposes only. It is not intended as medical advice, nor should it be used to diagnose, treat, cure, or prevent any disease. Peptides and research compounds may have potential risks. Many compounds listed are investigational and not FDA-approved for general use. Human safety data may be limited or unknown. Consult a qualified healthcare professional before considering any research protocols.



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